#### NAVASOTA INDEPENDENT SCHOOL DISTRICT P.O. BOX 511 NAVASOTA, TX 77868

LEE FEDORA
ATHLETIC DIRECTOR

KEITH HILL HEAD ATHLETIC TRAINER

# **Conduct, Absence and Injury Policy**

### **CONDUCT**

Respect toward your teachers, coaches, and teammates will be required. Showing disrespect to anyone of authority in our school or other schools will result in disciplinary action. Measures taken may include suspension, parent conferences, or dismissal from athletics. Frequent checks will be made with classroom teachers to insure proper conduct. In the event student-athletes are not conducting themselves properly in class, disciplinary action will be taken.

### **ALCOHOL/DRUGS**

Alcohol or drug use will not be tolerated at any time. Athletes caught either using or in possession of alcohol/drugs on school grounds will be suspended from athletics. Length of suspension will be determined by the Athletic Director, and will accompany school policy.

## **COMMITMENT TO ATHLETICS**

Any athlete who quits or is dismissed from a sport will not be allowed to participate in another sport until the sport they quit has finished or receive approval from the Head Coach and Athletic Director. Approval will be determined by good standings and what is best for the athletic department. Athletes will dress out each athletic period. Failure to do so will indicate a lack of competitive drive needed for athletics and result in removal from the class.

The above policy of the Navasota Athletic Program was adopted in the best interest of you as a representative of our community and school. All possible situations cannot be covered and some will arise. In those situations the decision of the Athletic Director and Superintendent is final.

#### ABSENCE AND INJURY POLICY

We would like to thank you for letting your son/daughter be a part of the RATTLER PROGRAM. The teamwork and personal discipline that one can gain from athletics should be a valuable lesson for these young student-athletes. I truly believe the athletic programs in our schools are the last strong hold of discipline.

All parents of our student-athletes need to be informed of our absence and injury policy. If your son/daughter is going to miss practice due to illness or personal reasons, you must contact our athletic offices. The phone number for the High School Boys athletics (936-825-4255) leave a message on the answering machine. High School Girls athletics call (936-825-4299). Junior High Boys athletics the number is (936-825-4241). JR High Girls athletics number is (936-825-4240).

A student-athlete can also bring a signed note or personally talk to his/her coach on or before the day of their absence. These absences will be considered as excused and the student-athlete will not be punished. They will however make-up conditioning to maintain their physical shape.

If a student-athlete does not contact the coaches personally or by phone it will be considered an unexcused absence and the student-athlete will be punished with "RATTLER REMINDERS" which consist of bear crawls and sprints. It is considered unexcused if the student-athlete brings a note "after the fact".

\*\*\*IF YOUR SON/DAUGHTER HAS BEEN INJURED OR YOU NEED TO DISCUSS AN INJURY, PLEASE CONTACT THE HEAD ATHLETIC TRAINER, OFFICE NUMBER IS 936-825-5015 OR CELL PHONE 936-870-8683.

I	agree to abide by the rules set for the Navasota Athletic Program, I understand and
Print student name here accept the consequences of inappropriate a consequences of the absent policy.	action or behavior. I also understand the absence and injury policy and accept the
consequences of the absent poney.	
Date	Signature of Student
Date	Signature of Parent/Guardian